

# DURHAM OUTDOORS CLUB

## Summer 2018

**The Durham Outdoors Club is a volunteer organization:** Members are encouraged to volunteer based on their personal abilities, experience and areas of interest, to organize and run events and activities, and/or assist in the management of the club's affairs. The Club's survival, as well as the quality of the membership experience for all members, depends on each member's participation.

### General Meetings

All members and those interested in joining the club are encouraged to come out to the general meetings. Past events are reviewed, new events are put forth, and current business is reviewed. Generally, there is a presentation by a speaker on a topic or an event of interest to members. Meetings are held on the last Tuesday evening of each month, except July and December.

**PLACE:** Faith Place - Cana Hall, 44 William St W, Oshawa (corner of Centre St and William St)

**TIME:** 7:30 PM - 9:00 PM

**DATE:** Last Tuesday of every month, except July and December.



### President's Message

After eight years as a DOC member, a Club where I learned how to have fun with new friends and try new things, I felt it was time to step up in my new role as "Club President". During those eight years I never realized the personal growth aspect of the Club that sees me in my new position. To all the new faces at the May meeting and potential newbies I can confirm that wellness and good mental health happens at The Durham Outdoors Club. The \$20.00 membership fee could be your best investment ever!

A big "Thank You" to the executive and co-ordinators for their support in the transition period. Congrats to new executive and new co-ordinators and thanks to Deb for her service. Thanks Scott for the new look newsletter.

Please forward any ideas for speakers. Have a great summer! - Ray

### Updates from the Executive

We are always looking for someone of interest to speak at our monthly meetings. Please make suggestions to members of the Executive so we can provide informative talks at our general meetings. Remember to forward any ideas for hiking, backpacking, canoeing/kayaking, biking, skiing, walking, urban events or other activities to the appropriate Event Coordinator (listed at the back of the newsletter).

Hike Leader Training – Hike leader training is available through Hike Ontario ([www.hikeontario.com](http://www.hikeontario.com)). Please consider this one-day course if you are interested in becoming a Certified Hike Leader. Our club will reimburse a portion of the cost of training once candidates have led three hikes or other activities following completion of the training. Check the Hike Ontario website for upcoming training opportunities.

Dogs on Hikes and Walks – Before bringing a dog on a hike or walk, you must check with the event leader to be sure pets are welcome, as some participants may be uncomfortable around dogs. All dogs must be on a leash and owners must clean up after their pets.

First Aiders Needed – If you are a registered and up-to-date holder of a St. John's Ambulance or other first aid certification, please contact a member of the Club's Executive. A roster of qualified first aiders may make a difference to the need for future training.

### Newsletter Editor's Message

This is my first go as the Club's new Newsletter Editor. I would like to thank my predecessor Chris Potvin for his work on the Newsletter the past two years. I have decided to take this opportunity to give the Newsletter a fresh look. I hope you like it! - Scott

## Overview of Regular Club Activities

---

### Hiking

Our hikes are rated based on the Oak Ridges Trail Association (ORTA) guidelines so you can judge if they are suitable for your capabilities:

- Slow:** 3 km/hour (family friendly)
- Moderate:** 4 km/hour
- Fast:** 5 km/hour

Hiking poles are recommended especially in hilly areas or where there has been a recent thaw and conditions have become frozen again. Pack a lunch and hot drink if the hike is for the day. If you are carpooling with someone, make sure you take a plastic shopping bag with you for your muddy boots and offer to help with the cost of gas. You will need icers or snowshoes in the winter; sunscreen and bug repellent in other seasons. Always pack lots of water.

### Canoeing

Most of our canoe trips tend to be flat-water trips, that means we mainly paddle lakes and creeks with little current. Flat water trips are rated by length, pace of trip, remoteness in wilderness areas as well as length and the number and ruggedness of portages. **PFDs MUST be worn at all times while on the water.**

It is important to remember that cold water, strong winds, and changing weather conditions can create dangerous situations for any paddler, no matter how experienced or skilled they may be. To come out on any overnight trip some camping and wilderness skills are required. The ability to perform basic paddling strokes and some knowledge of canoe rescue techniques are required from Novice up. If in doubt check with the trip leader. We rate by four categories:

| CATEGORY            | DESCRIPTION  |
|---------------------|--|
| <b>Easy</b>         | Usually day tripping on small sheltered lakes or slow moving creeks with very little or no portaging. Base camp trips depending on area and trip. However some exploratory base camp trips can be strenuous. Check with the leader. Distance approximately 10 km.  |
| <b>Novice</b>       | Easy paddling on small to medium lakes, one to three short easy portages in an easy wilderness area. Overnight trips. Distance approximately 15 km.  |
| <b>Intermediate</b> | More strenuous paddling on larger lakes, longer length of trip. Paddler must be able to paddle in moderate windy conditions and choppy water. Distance approximately 20 km.  |
| <b>Advanced</b>     | Large lakes and flowing water. Paddler must have extensive experience in a canoe and ability to pack up camp, set-up again, and paddle day after day. Trips can be several days long to over a week. Strenuous portages, often no set path and very rugged, with distances up to and more than 3 km long. Paddling distance per day can be 25+ km. |

## Cycling

The cycling season starts in April or May and continues into the Fall, depending on the weather. We classify rides as easy to moderate, usually from 30 km to 50 km. Working up to 50 km is quite easy if you participate in all of our rides or ride on your own on other days. Everyone is welcome, whether as a participant, to suggest a new route, or to lead us on a new route or just some of our old favourites.

All bicycles must be in good working order and we encourage you to get your bike tuned-up prior to the cycling season commencing. **Your bike must have a bell and you must wear a helmet, good footwear, and no loose clothing.** We encourage you to have a light on your bike, preferably both in the front as well as the back of the bike, as well as a light on your helmet. Also cyclists must carry at least one spare tube - two is better - and always bring water, plus a snack for extra energy.

## Cross-Country Skiing, Snowshoeing, and Winter Camping

In the winter months, the Club often goes cross-country skiing, snow shoeing, and winter camping. Members are encouraged to lead day trips and weekend trips. The club has gone on weekend trips to lodges and camps as well as dog sledding trips in the past.

For winter day trips, it is essential to dress in layers to deal with starting out 'cold' and then getting very warm after exertion. A light shell wind-breaker, long sleeve top of quick-drying material and a fleece vest works well. Avoid cotton. Bring a change of clothes, including socks. Wear sunglasses and consider sun-screen. Pack a light lunch and a hot drink (and take water with you on the trail). Extra gloves are a good idea. It is recommended to carry a small first-aid kit, hand warmers, and a cell-phone in your daypack.

## Neighbourhood Walks

These walks take place every Wednesday evening from mid-April until mid-September. They start at 6:45 PM and go for approximately 1.5 hours. Walks are usually rated easy or moderate and the terrain is generally flat - usually city streets, bicycle trails, or nearby conservation areas.

## Urban Events

Club members are encouraged to get together for games nights, bowling, the theatre, musical performances, educational opportunities, outdoor shows and a range of social and cultural events throughout the year. These often

incorporate an element of the outdoors such as camping, walks, or hikes. Members are responsible for any admission fees and transportation.

## Events Schedule

---

**IMPORTANT:** Visit our website ([www.durhamoutdoorsclub.ca](http://www.durhamoutdoorsclub.ca)) to download a copy of the Newsletter. You can also check the Events Schedule page for new activities as well as updates to times, dates, and venues for planned activities and for possible cancellations of events.

**IMPORTANT:** Because of ongoing construction in many areas, bike rides may be changed or cancelled on short notice. Please check the Events Schedule page ([www.durhamoutdoorsclub.ca/events.html](http://www.durhamoutdoorsclub.ca/events.html)) for the latest information. Make sure you let the event leader know if you are coming to a ride.

**Please arrive a minimum of 15 minutes prior to the start time of an event to get organized and sign the event waiver form. Activities start promptly at the stated start time.**

### July 2018

---

#### **Wednesday, July 4, 6:45 PM - Walk: Oshawa Creek Trail**

*Rated:* Easy  
*Meet:* Meet at Children's Arena, 155 Arena St, Oshawa.  
*Notes:* We will be walking south on the Oshawa Creek Trail.  
*Contact:* Coral - 905-410-5145

#### **Thursday, July 5, 6:00 PM - Urban Event: 4th Line Theatre Presents: Crow Hill**

*Meet:* 4th Line Theatre, Millbrook.  
*Notes:* Life of an Ontario doctor in the 20th century. Tickets \$38.00. For this opening night performance there will be a complimentary reception following the performance. To book and pay call 705-932-4445.  
*Contact:* Barbara - [plantsbarbara1@gmail.com](mailto:plantsbarbara1@gmail.com)

#### **Saturday, July 7 to Sunday, July 8 - Canoe Trip: TBD**

*Rated:* Easy  
*Notes:* One night in either Kawartha Highlands Signature Site Park or the Algonquin Highlands depending on what sites are available. Max 3 canoes.  
*Leader:* Mike - 905-666-2788 or [mrgt@rogers.com](mailto:mrgt@rogers.com)

#### **Saturday, July 7, 9:00 AM - Hike: Long Sault Conservation Area**

*Rated:* Moderate  
*Distance:* 10-12 km  
*Meet:* 8:45 AM in parking lot (Pay and Display Parking). Travel north on Regional Rd 57. Turn right at Regional Rd 20. Turn left at Woodley Rd. For more details see: [www.cloca.com](http://www.cloca.com)  
*Notes:* Bring lots of water.  
*Contact:* Scott - 905-259-3896 or [scott.nokleby@gmail.com](mailto:scott.nokleby@gmail.com)

#### **Did you know...**

The Durham Outdoors Club is on Twitter.  
 Follow us @Durham\_Outdoors



**Sunday, July 8, 9:00 AM - Cycling: Courtice to Bowmanville**

*Rated:* Moderate

*Distance:* ~50 km

*Meet:* 8:45 AM for a 9:00 AM start, Courtice Community Complex, 2950 Courtice Rd, north of Highway 2.

*Notes:* Cycling north of Courtice and Bowmanville with a stop for a coffee break in Hampton. Bring extra water for the heat. Contact Mary to confirm.

*Contact:* Mary - [mary100perkins@gmail.com](mailto:mary100perkins@gmail.com)

**Wednesday, July 11, 6:45 PM - Walk: Darlington Provincial Park**

*Rated:* Easy to Moderate

*Meet:* Meet at the southeast corner of the GM headquarters parking lot on Colonel Sam Drive, Oshawa.

*Notes:* Walk on paved roadway, and possible grass and or paths. Wear sturdy footwear and bring water; insect repellent may be needed.

*Contact:* Catherine - 905-728-8349 or [shearerkudel2@gmail.com](mailto:shearerkudel2@gmail.com)

**Did you know...**

Camp a minimum of three consecutive nights in each of Wabakimi, Woodland Caribou, and Quetico Provincial Parks and you could win a canoe. For more information visit: [www.ontarioparks.com/nwquest](http://www.ontarioparks.com/nwquest)

**Saturday, July 14, 9:00 AM - Walk and Beach Day: Cobourg**

*Rated:* Easy

*Meet:* 9:00 AM at the Midtown Mall parking lot in Oshawa, south of The Beer Store, to carpool to Cobourg.

*Notes:* Walk for 4 km along the waterfront and city streets with stops at Marie Dressler Museum and the Farmers Market. Spend a couple of hours at the beach munching on your snacks. Stop in Port Hope for annual "In a Garden" show based on garden inspired works. Possible dinner at Bowmanville Marina.

*Contact:* Ray - 905-668-0070

**Sunday, July 15, 9:30 AM - Cycling: Newcastle to Port Hope**

*Rated:* Moderate

*Distance:* ~55 km

*Meet:* 9:15 AM for a 9:30 AM start, Bondhead Parkette, bottom of Mill St, Newcastle (parking may be limited so consider carpooling).

*Notes:* We will be cycling from Newcastle to Port Hope along the Lakeshore and Concession roads. Excellent views and a lunch stop. Special contest today on whoever wears the craziest pair of socks! As always please make sure your bike is in good working order, wear a helmet, bring spare tubes, and plenty of water and snacks. Contact Bob to confirm.

*Contact:* Bob - [astleyb@rogers.com](mailto:astleyb@rogers.com)

**Wednesday, July 18, 6:45 PM - Walk: Stroll Through Historic Whitevale**

*Rated:* Easy to Moderate

*Meet:* Meet at Seaton Trail parking lot, 5th Concession, Pickering. Note, this road is closed off from Brock Rd so need to approach south from Hwy 7 or north from Taunton Rd.

*Notes:* We will walking through historic Whitevale.

*Contact:* Barbara - [plantsbarbara1@gmail.com](mailto:plantsbarbara1@gmail.com)

**Friday, July 20 - Free Day-Use at All Ontario Parks**

*Notes:* All visitors to an Ontario Park will be issued a complimentary day-pass to the park. For more information see: [www.ontarioparks.com/hphp/freedayuse](http://www.ontarioparks.com/hphp/freedayuse)

**Friday, July 20, 7:00 PM - Urban Event: "Then & Now" Concert**

*Meet:* Foster Memorial ([www.fostermemorial.com](http://www.fostermemorial.com)), 4 km north of Uxbridge. This is a fantastic historic marble building built as a tribute to his wife with wonderful sound.

*Notes:* Oldies that were popular 40 years ago. Donation at door. Possible supper in Uxbridge at 5:00 PM. RSVP if eating one week before the event.

*Contact:* Barbara - [plantsbarbara1@gmail.com](mailto:plantsbarbara1@gmail.com)

**Saturday, July 21, 9:00 AM - Day Paddle: Scugog River, Lindsay**

*Rated:* Easy

*Meet:* The northwest corner of the Legends Centre parking lot in Oshawa.

*Notes:* Day outing on Scugog River. Kayaks and canoes are welcome. Bring a lunch. All participants please RSVP to Karen before July 18.

*Contact:* Karen - 905-723-4709 or [karenmmartin58@gmail.com](mailto:karenmmartin58@gmail.com)

**Sunday, July 22, 9:00 AM - Hike: Duffins Creek/Trans Canada Trail**

*Rated:* Moderate

*Distance:* 5 km

*Meet:* Meet in parking lot 5th Concession north side, about 1 km west of Westney Rd by the river.

*Notes:* Walking north towards museum.

*Contact:* Barbara - [plantsbarbara1@gmail.com](mailto:plantsbarbara1@gmail.com)

**Sunday, July 22, 10:00 AM - Cycling: Port Hope to Cobourg**

*Rated:* Moderate

*Distance:* ~40 km

*Meet:* Jack Burger Sports Complex, 60 Highland Dr, Port Hope.

*Notes:* Cycling on Telephone Road, Danforth Road to Cobourg, Waterfront Trail and return. Contact Glenna to confirm.

*Contact:* Glenna - [hollymolly@sympatico.ca](mailto:hollymolly@sympatico.ca)

**Wednesday, July 25, 6:45 PM - Walk: Waterfront Trail, Whitby**

*Rated:* Easy to Moderate

*Meet:* Meet at the bottom of Thickson Rd S in Whitby.

*Notes:* We will walk west to the Whitby Harbour and back.

*Contact:* Jackie - 905-667-8416

**Sunday, July 29, 9:30 AM - Cycling: Enniskillen to Caesarea**

*Rated:* Moderate

*Distance:* ~40 km

*Meet:* 9:15 AM for a 9:30 AM start, Enniskillen PS, 8145

Old Scugog Rd, Enniskillen (just north of the General Store at Regional Rd 3 and Old Scugog Rd).

*Notes:* We will be cycling on quiet concession roads to Caesarea on Lake Scugog. Small section will be on Hwy #7 (1km) on return loop. Ice cream at the end of the ride at the General Store! As always please make

**Did you know...**

The Durham Outdoors Club is on Facebook:  
[www.facebook.com/Durham-Outdoors-Club-426713477673351/](https://www.facebook.com/Durham-Outdoors-Club-426713477673351/)



sure your bike is in good working order, wear a helmet, bring spare tubes, and plenty of water and snacks. No washrooms until Caesarea. Contact Bob to confirm.

Contact: Bob - [astleyb@rogers.com](mailto:astleyb@rogers.com)

### **Sunday, July 29, 1:00 PM - Walking Tour: Pine Grove Plots**

*Rated:* Easy to Moderate

*Meet:* Meet 12:45 pm at Pine Grove Cemetery, Jeffrey St, Prince Albert. Jeffrey St is off Old Simcoe south of 7A.

*Notes:* Pine Grove Plots returns with new tales and performances in Prince Albert Cemetery. Local historian and author Paul Arculus will once again host the theatrical walking tour that tells the stories behind the stories of some of some of Port Perry's most colourful past inhabitants. Suggested donation at the gate \$10 per person. Rain or shine.

Contact: Murray - [sandy@durham.net](mailto:sandy@durham.net)

**NOTE:** There is no General Meeting in July.

## **August 2018**

---

### **Wednesday, August 1, 6:45 PM - Walk: North Oshawa**

*Rated:* Easy to Moderate

*Meet:* Meet in front of the Value Village store at 5 Points Mall, Ritson Rd N and Taunton Rd E, Oshawa.

*Notes:* We will be walking along Beatrice St west to Somerville and streets in the neighbourhood. Possible Dairy Queen stop to be determined.

Contact: Elinor - 905-721-8897 or [elinor.major@hotmail.com](mailto:elinor.major@hotmail.com)

### **Saturday, August 4, 9:00 AM - Hike: Long Sault Conservation Area**

*Rated:* Moderate

*Distance:* 10-12 km

*Meet:* 8:45 AM in parking lot (Pay and Display Parking). Travel north on Regional Rd 57. Turn right at Regional Rd 20. Turn left at Woodley Rd. For more details see: [www.cloca.com](http://www.cloca.com)

*Notes:* Bring lots of water.

Contact: Scott - 905-259-3896 or [scott.nokleby@gmail.com](mailto:scott.nokleby@gmail.com)

### **Wednesday, August 8 to Wednesday, August 15 - Canoe Trip: Wabakimi**

*Rated:* Advanced

*Notes:* Canoe trip in Wabakimi Provincial Park. Fly-out from Wabakimi Outfitters to Lower Wabakimi Lake. Over the course of a week make our way south down to Schultz's Trail where we will catch the Via train out. ~78 km paddling and 19 portages (5.3 km total). Max 2 canoes.

*Leader:* Mike - 905-666-2788 or [mrgt@rogers.com](mailto:mrgt@rogers.com)

### **Wednesday, August 8, 6:45 PM - Walk: Farewell Creek**

*Rated:* Moderate

*Meet:* Meet at the shopping plaza north/west corner of Grandview St S and Bloor St E, Oshawa. Near the Fabricland store.

*Notes:* Walk along Farewell Creek.

Contact: Jeannie - 905-728-8051

**Friday, August 10, 9:00 AM - Historic Walk: Uxbridge**

*Rated:* Easy to Moderate

*Meet:* Meet at Five Points Mall in parking area to west (Ritson Rd) of Metro store to car pool. If going on your own, meet at south-west corner of Brock St and Toronto St in Uxbridge.

*Notes:* We will look at the historic buildings and homes in Uxbridge and then have lunch in one of the local cafes. Please email to confirm you are going.

*Contact:* Mary - [mary100perkins@gmail.com](mailto:mary100perkins@gmail.com)

**Sunday, August 12, 10:00 AM - Cycling: Peterborough to Lakefield**

*Rated:* Moderate

*Distance:* ~40 km

*Meet:* Beavermead Park, 2011 Ashburnham Dr, Peterborough.

*Notes:* Cycling from Beavermead Park, Riverside Zoo, Rotary Greenway Trail and rail trail to Lakefield and back. Suitable for hybrid bike. Contact Glenna to confirm.

*Contact:* Glenna - [hollymolly@sympatico.ca](mailto:hollymolly@sympatico.ca)

**Wednesday, August 15, 6:45 PM - Walk: Heber Down Conservation Area, Whitby**

*Rated:* Easy

*Meet:* Meet at Heber Down east entrance, Ashburn Rd, just south of Spencers Rd and north of Robmar St. You can park on the sides of the road.

*Notes:* We will be walking the new paved trail in Heber Down.

*Contact:* Ruth - [rannevan@hotmail.com](mailto:rannevan@hotmail.com)

**Saturday, August 18, 10:00 AM - Hike (and More): Port Perry**

*Rated:* Easy

*Distance:* 4 km

*Meet:* Green P parking on Water St.

*Notes:* Port Perry Waterfront Trail hike then shop historical downtown shops. Then a late lunch at a place TBA. Bring snacks and dress for the weather.

*Contact:* Jeannie - 905-728-8051

**Sunday, August 19, 9:00 AM - Cycling: Whitby to Port Perry**

*Rated:* Moderate, some hills

*Distance:* ~55 km

*Meet:* 8:45 AM for a 9:00 AM start, Dutch Boy Grocery Store parking lot, Taunton and Garden, Whitby, north of Taunton, east of Garden. Park at the south-west corner of the lot.

*Notes:* We will cycle north to Port Perry for a coffee stop at Tim's. Bring lots of water. Contact Mary to confirm.

*Contact:* Mary - [mary100perkins@gmail.com](mailto:mary100perkins@gmail.com)

**Wednesday, August 22, 6:45 PM - Walk: North Oshawa Rail Trail**

*Rated:* Easy

*Meet:* Meet at St. Joseph's Church parking lot, at the southwest corner of Beatrice St and Mary St N, Oshawa.

*Notes:* We will walk along the rail trail and sidewalks. Wear sturdy footwear.

*Contact:* Roy or Diane - 905-434-9961



**Sunday, August 26, 9:00 AM - Cycling: Whitby to Bowmanville**

*Rated:* Moderate

*Distance:* ~40 km

*Meet:* 8:45 AM for a 9:00 AM start, bottom of Thicksen Rd, Whitby, Waterfront Trail entrance.

*Notes:* We will be cycling the Waterfront Trail from Thicksen's Woods east to Bowmanville and return. Contact Margot to confirm.

*Contact:* Margot - [margotdixon@sympatico.ca](mailto:margotdixon@sympatico.ca)

**Sunday, August 26, 10:00 AM - Hike: Rouge Valley Hike**

*Rated:* Moderate

*Meet:* Glen Rouge Campground parking lot. Highway 2 Pickering, west of Altona Rd, entrance is on north side just west of the bridge over Rouge River.

*Notes:* Walking forest trail. Bring water and snacks.

*Contact:* Jeannie - 905-728-8051

**Tuesday, August 28, 7:30 PM - General Meeting**

*Meet:* Faith Place - Cana Hall, 44 William St W, Oshawa.

*Notes:* Member social chat and mingle. Light refreshments will be served.

**Wednesday, August 29, 6:45 PM - Walk: Darren Park Trail, Whitby**

*Rated:* Easy

*Meet:* Meet at Darren Park, 75 Darren Ave, east off Anderson, south of Taunton, Whitby.

*Notes:* Easy walk on paved multi-use rail under hydro lines, to Rossland and return.

*Contact:* Margot - [margotdixon@sympatico.ca](mailto:margotdixon@sympatico.ca)

**September 2018**

---

**Wednesday, September 5, 6:15 PM - Walk: Old Newcastle (note different start time)**

*Rated:* Easy to Moderate

*Meet:* TBA

*Notes:* We will be walking through Old Newcastle and through new developments as well.

*Contact:* Michelle - [michelle.darling@dc-uoit.ca](mailto:michelle.darling@dc-uoit.ca)

**Saturday, September 8, 10:00 AM - Day Paddle: Indian River**

*Rated:* Easy

*Meet:* Take Hwy #115 North to Television Rd in Peterborough, follow Television Rd/County Rd 4 to the village of Warsaw. Park at the church right on the river.

*Notes:* Meet at the put-in for 10:00 AM at the church, bring lunch, water, safety gear, etc. Lunch will be at the Warsaw Caves Conservation Area and a quick swim in the river. Aim to be back at the church between 3:00-4:00 PM.

*Contact:* Sue - [slmcga@hotmail.com](mailto:slmcga@hotmail.com)

**Did you know...**

Ontario Parks turns 125 years old in 2018. The first provincial park in Canada, Algonquin, was established in 1893. There are now 340 Provincial Parks in Ontario protecting almost 8% of the Province. For more information visit: [www.ontarioparks.com/op125](http://www.ontarioparks.com/op125)



**Sunday, September 9, 9:30 AM - Cycling: Hampton to Bowmanville**

*Rated:* Moderate

*Distance:* ~40 km

*Meet:* 9:15 AM for a 9:30 AM start, 95 Perry Ave, Hampton.

*Notes:* We will cycle south to the Waterfront Trail to Cobble Dick Road, north to Durham Road 42, coffee stop at Algoma or Blueberry Farm if still open. Return along Concession Street North to Bowmanville Golf Club, west to Old Scugog Road and back to Hampton. Contact Jeanne to confirm.

*Contact:* Jeanne - 905-263-8234 or [physiotimes@rogers.com](mailto:physiotimes@rogers.com)

**Wednesday, September 12, 6:45 PM - Walk: North West Oshawa**

*Rated:* Easy

*Meet:* Meet at NE corner of the plaza at 500 Rossland Rd W, corner of Stevenson Rd and Rossland Rd W.

*Notes:* Easy walk, sidewalks, wear sturdy footwear, bring water.

*Contact:* Sue - [slmcga@hotmail.com](mailto:slmcga@hotmail.com)

**Sunday, September 16, 9:30 AM - Cycling: Prince Albert to Uxbridge**

*Rated:* Moderate

*Distance:* ~40 km

*Meet:* 9:15 AM for a 9:30 AM start, Prince Albert School, 13700 Old Simcoe Rd, Prince Albert.

*Notes:* We will be riding from Prince Albert to Uxbridge and return. One concession road at beginning of ride is hard packed gravel road, then mostly paved, quiet scenic side roads up to Uxbridge. We'll stop and have snack/light lunch in Elgin Park near the pond in Uxbridge and return. Rider must bring water, snack or light lunch. Bike must be in good working order, this ride is suitable for hybrid bike, helmet is mandatory. Leisurely/enjoyable ride, mainly paved roads with some hills. Contact Elinor to confirm.

*Contact:* Elinor - 905-721-8897 or [elinor.major@hotmail.com](mailto:elinor.major@hotmail.com)

**Sunday, September 16, 10:00 AM - Hike: Glen Major**

*Rated:* Moderate

*Distance:* 6 km

*Meet:* East Duffins parking area, also known as three rocks. Go north on Lake Ridge Rd, turn left (west) on Myrtle Rd. Head north (right) on Sideline 4 (Balsam) which is the first road heading north. Head north on Sideline 4, pass over the railway tracks and continue down and up the big hill, past the farm on the right. The marked parking lot is on the left.

*Contact:* Ruth - [rannevan@hotmail.com](mailto:rannevan@hotmail.com)

**Thursday, September 20 to Sunday, September 23 - Hike Haliburton Festival**

*Notes:* This is an annual event that many of our members have attended. If you are interested in going, contact Sue to see who is going and to find a possible roommate/hiking buddy. For more details see: [haliburtoncounty.ca/2018-hike-haliburton/](http://haliburtoncounty.ca/2018-hike-haliburton/)

*Contact:* Sue - [slmcga@hotmail.com](mailto:slmcga@hotmail.com)

**Saturday, September 22 to Sunday, September 23 - Canoe Trip: Sucker Lake**

*Rated:* Novice

*Notes:* Canoe trip in Kawartha Highlands Provincial Park. Start at Bottle Lake access. One very short portage (81 m) into Sucker Lake. Back the same way. Price to be confirmed. Max 4 canoes (kayaks could be possible as well, but a max of 9 people).

*Leader:* Scott - 905-259-3896 or [scott.nokleby@gmail.com](mailto:scott.nokleby@gmail.com)

**Sunday, September 23 - Second Annual Uxbridge Cycle Festival**

*Notes:* Cyclists: reserve this date for the Second Annual Uxbridge Cycling Festival, expected to be held in Elgin Park this year. The organizers are looking to really promote cycling in Durham Region. Watch the Club's Events Schedule page for more details. For more information visit: [www.uxcycle.ca](http://www.uxcycle.ca).

**Tuesday, September 25, 7:30 PM - General Meeting**

*Meet:* Faith Place - Cana Hall, 44 William St W, Oshawa.

*Speaker:* Ontario Parks

*Notes:* Come hear about what Kawartha Highlands Signature Site Park has to offer and Ontario Parks' plans for its future.

**Friday, September 28 to Sunday, September 30 - Hike Ontario Summit**

*Notes:* In partnership with the Ganaraska Hiking Trail Association, which is celebrating its 50th anniversary at Lakehead University in Orillia, Hike Ontario is planning a number of activities for anyone attending the Hike Ontario Summit. Hike Ontario will be offering a number of workshops on the Saturday. If you are interested in attending any of the workshops listed here: [www.surveymonkey.com/r/2018SummitPlan](http://www.surveymonkey.com/r/2018SummitPlan), please contact them to hold a space.

**Saturday, September 29, 9:00 AM - Hike: Orono Crown Lands**

*Rated:* Moderate

*Distance:* 8-10 km

*Meet:* Take Taunton Road ~8 km east of Regional Rd 57 to Ochonski Rd, go south ~1.6 km past horse farm and park in lot on west side; if full park on the road.

*Notes:* A "Welcome Back Sue" hike. A 3-4 hour hike through the forest and around town, stopping in town for lunch at the fire hall or bakery.

*Contact:* Sue - [slmcga@hotmail.com](mailto:slmcga@hotmail.com)

**Sunday, September 30, 10:00 AM - Cycling: Victoria Rail Trail - Fenelon Falls to Burnt River and Beyond**

*Rated:* Moderate

*Distance:* ~50 km

*Meet:* 9:45 AM for a 10:00 AM start, Garnet Graham Beach Park, 98 Francis St W, Fenelon Falls.

*Notes:* Cycling the Victoria Rail Trail from Fenelon Falls to Burnt River and perhaps beyond. Bring lunch, snacks and lots of water. Insect repellent may be necessary as well. Trail is suitable for hybrid. Contact Elinor to confirm.

*Contact:* Elinor - 905-721-8897 or [elinor.major@hotmail.com](mailto:elinor.major@hotmail.com)

## Advance Notice

---

**Saturday, November 24, 9:00 AM - 2nd Annual Ontario Winter Camping Symposium**

*Meet:* Theatre of the Arts, University of Waterloo, Waterloo.

*Notes:* For details see: [www.ontariowintercamping.ca](http://www.ontariowintercamping.ca)

*Contact:* Scott - 905-259-3896 or [scott.nokleby@gmail.com](mailto:scott.nokleby@gmail.com)

## Club Administration

---

### Durham Outdoors Club Executive for 2018-2019

The Executive meets four times a year to review old business, new items, and upcoming events for the newsletter.

| POSITION              | NAME           | PHONE        | EMAIL  |
|-----------------------|----------------|--------------|--|
| President             | Ray Bartodziej | 905-668-0070 | <a href="mailto:raybarto@rogers.com">raybarto@rogers.com</a>                   |
| Past President        | Deborah        | 905-430-3320 | <a href="mailto:dmcorb@gmail.com">dmcorb@gmail.com</a>                         |
| Secretary             | Coral          | 905-721-2476 | <a href="mailto:coralpetzoldt@hotmail.com">coralpetzoldt@hotmail.com</a>       |
| Treasurer             | Kaja           | 905-571-4407 |  |
| Membership            | Jeannie        | 905-728-8051 |  |
| Newsletter Editor     | Scott Nokleby  | 905-259-3896 | <a href="mailto:scott.nokleby@gmail.com">scott.nokleby@gmail.com</a>           |
| Website Administrator | Catherine      |              | <a href="mailto:durhamoutdoorsclub@gmail.com">durhamoutdoorsclub@gmail.com</a> |

### Durham Outdoors Event Coordinators for 2018-2019

Please contact the appropriate Event Coordinator with event suggestions or to lead an outing. New events can be proposed at anytime, so you are encouraged to step up and lead an event for the Club.

| EVENT COORDINATOR      | NAME                 | PHONE                        | EMAIL  |
|------------------------|----------------------|------------------------------|--|
| Hiking and Backpacking | Mary                 | 905-725-2874                 | <a href="mailto:mary100perkins@gmail.com">mary100perkins@gmail.com</a> |
| Canoeing and Kayaking  | Mike Thomas          | 905-666-2788                 | <a href="mailto:mrgt@rogers.com">mrgt@rogers.com</a>                   |
| Cycling                | Elinor<br>Bob Astley | 905-721-8897<br>905-433-1385 | <a href="mailto:elinor.major@hotmail.com">elinor.major@hotmail.com</a> |
| Cross-Country Skiing   | Elinor               | 905-721-8897                 | <a href="mailto:elinor.major@hotmail.com">elinor.major@hotmail.com</a> |
| Neighbourhood Walks    | Elinor               | 905-721-8897                 | <a href="mailto:elinor.major@hotmail.com">elinor.major@hotmail.com</a> |
| Urban Events           | Barbara              | 905-839-7600                 | <a href="mailto:plantsbarbara1@gmail.com">plantsbarbara1@gmail.com</a> |

### Meeting Schedule and Submissions

The Durham Outdoors Club meets on the last Tuesday of each month (except July and December). The Newsletter is published four times a year, and the Executive meets quarterly. Please ensure matters for discussion by the Executive or for inclusion in the Newsletter are delivered in a timely manner.

| NEWSLETTER                | FALL 2018         | WINTER 2019      | SPRING 2019   | SUMMER 2019  |
|---------------------------|-------------------|------------------|---------------|--------------|
| Deadlines for Submissions | September 1, 2018 | December 1, 2018 | March 1, 2019 | June 1, 2019 |
| Executive Meetings        | September 6, 2018 | December 6, 2018 | March 7, 2019 | June 6, 2019 |